



Clinical Mental Health Counseling Track

60hr Plan of Study

Fall Year One

CTM 5013 – Christian Perspective on Human Suffering

CTM 5019 – Techniques of Counseling and Psychotherapy

CTM 5011 – Foundations of Clinical Practice

CTM 5170 – Vocational Discernment & Counseling **OR** CTM 5310 – Psychometrics & Assessment

**both CTM 5170 and CTM 5310 are required to be taken in order to graduate*

Spring Year One

CTM 5017 – Christian Ethics in the Clinical Encounter

CTM 5020 – Theories of Counseling and Psychotherapy

CTM 5015 – Spirituality & Theories of Human Development

CTM 5016 – Diversity & Social Justice in the Clinical Encounter

Summer Year One

CTM 5014 – Diagnosis & Treatment of Mental Disorders

CTM 6010 – Practicum in Mental Health Counseling

*Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks.

Fall Year Two

CTM 5210 – Group Dynamics & Therapy (CMHC Section)

CTM 6110 – Internship in Mental Health Counseling I

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

CTM 5170 – Vocational Discernment & Counseling **OR** CTM 5310 – Psychometrics & Assessment

**both CTM 5170 and CTM 5310 are required to be taken in order to graduate.*

CTM 5018 – Theories & Methods of Psychotherapy Research

Spring Year Two

CTM 5120 – Diagnosis & Treatment of Addictions

CTM 6210 – Internship in Mental Health Counseling II

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters

CTM 5410 – Family Systems Theory

Either CTM 5110 – Aging in the Family & Society **OR** CTM 5130 – Family Therapy: Skills & Practice

Summer Year Two

CTM 5160 – Psychological & Theological Perspectives on Human Sexuality

Either CTM 5220 – Therapy with Children & Adolescents **OR** CTM 5090 Psychopharmacology

Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University.

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____