



**ATRAIN**  
FITNESS COACHING

**[ATrainFitnessCoaching.com](http://ATrainFitnessCoaching.com)**

***October Membership***

***WOD Available***

***Sunday-Saturday***

***12pm-2pm***

***Only 20 memberships available***

***\$50 for Students***

***\$75 for Faculty***

***Call to register***

***615.457.3644***