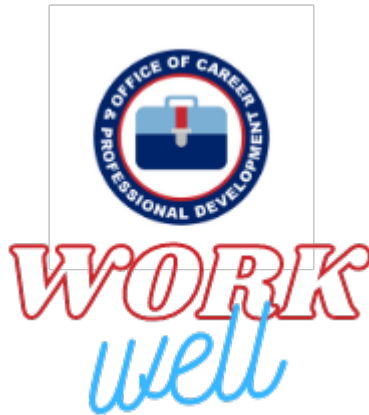


## Fall Semester 2021

- Aug 30**  
**10:00am**  
**Massey Boardroom**
- So You Want to Go to Grad School?** Occupational/Financial Well-Being  
Considering graduate school? Join us to gain tips and advice from a panel of alumni and admissions representatives. Learn how to navigate the application process, ace interviews, prepare and succeed in graduate school. A variety of graduate school programs will be represented. *Co-sponsored by GPS.*
- Sept 3**  
**10:00am**  
**Beaman A&B**
- Work/Life Balance: The Truth About Your Twenties** Interpersonal/Emotional/Physical Well-Being  
Today's graduating seniors face important transitions in their lives filled with anticipation, panic, hope, and fear which are now compounded by a recession and global pandemic. Twentysomethings face an overwhelming number of choices regarding finances, relationships, careers, etc. Belmont alumni will provide suggestions and advice to help you cope and transition to life after Belmont. *Co-sponsored by Counseling Services and GPS.*
- Sept 8**  
**1:00pm**  
**Beaman A&B**
- #Adulting: Strategies for Resilience** Interpersonal/Emotional/Physical Well-Being  
*Adulting is hard. Especially in 2021.* Learn how to make it through times of transition and practice coping skills for dealing with change.
- Sept 14**  
**4:00pm**  
**McWhorter 110**
- The Impact of Valuing Differences** Cultural Well-Being  
"Workplace diversity is a people issue." And it's definitely a hot topic! The focus of this workshop is to first delineate what the individuals driving core motive is. By understanding this – we can then develop an understanding of how people approach work.
- Sept 20**  
**10:00am**  
**Johnson Large Theater**
- HOW TO: Make the Most of Your Internship** Occupational Well-Being  
Join this employer panel to learn ways to succeed in your internship and get the most out of the experience. Entertainment industry professionals will cover everything from how to find the right internship, how to build relationships within the internship, how to NOT ruin your reputation, and how to be the "rock star" intern.
- Sept 22**  
**10:00am**  
**Beaman A&B**
- Equity & Inclusion in the Workplace** Credit: Cultural Well-Being  
What does it mean to bring your whole self to work, feel valued and have a voice? Join us to learn from organizations who have made a commitment to practicing equity and inclusion and how today's students can identify companies and demonstrate the awareness and skills needed to engage and include people from different local and global cultures.
- Oct 4 | 10 am**  
**Johnson 131**  
**Oct 5 | 4:30 pm**  
**Johnson 119**
- HOW TO: Land Your Dream Internship** Credit: Occupational/Financial Well-Being  
Learn HOW TO: Land Your Dream Internship! This workshop will cover core principles, along with some entertainment industry specific tips, for building an outstanding professional resume, writing an attention-grabbing cover letter, preparing for video interviews, developing industry relationships, and searching for internships in Nashville, New York or Los Angeles. Come prepared with great questions and get ready to maximize your time at Belmont!
- October 6**  
**Beaman SLC/ Maddox Grand Atrium**
- In-Person Career Fair, 10:00am-12:00pm,**  
Meet recruiters, explore career paths, internships and full-time positions.
- October 7**  
**Handshake**
- Virtual Career Fair 3:00p.m.-5:00p.m, Register in Handshake** \*Not eligible for WELL Core credit  
Schedule virtual sessions with recruiters, explore career paths, internships and full-time positions.
- Oct 11**  
**10:00am**  
**Massey Boardroom**
- Financial Wellness** Occupational/Financial Well-Being  
This program will focus on budgeting, financial planning, and living within your means. The presenter will discuss the importance of credit, managing debt, and securing your financial future.



**Oct 20**  
**10:00 am**  
Johnson 131

**HOW TO: Nail the Interview** Occupational/Financial Well-Being  
Would you like to feel more confident during your next interview? Join us for **HOW TO: Nail The Interview!** This interactive workshop will cover virtual and in-person interview techniques, how to prepare in advance and the Top 10 most common questions asked by internship and job recruiters. Come prepared to practice your interview skills and receive feedback from career development specialists.

**Oct 21**  
**10:00am**  
Beaman A

**Leadership Lately** Interpersonal/Emotional/Physical Well-Being  
Sponsored by BOLD

**Oct 25**  
**10:00am**  
Beaman A

**Leadership Lately** Interpersonal/Emotional/Physical Well-Being  
Sponsored by BOLD

**Nov 1-5**

**Career & Calling Week/Inauguration of L. Greg Jones.**  
Career & Calling is cosponsored by GPS and University Ministries

**Nov 1**  
**10:00 am**  
Chapel

**Creativity and Calling: Bonnie Smith Whitehouse** Spiritual Well Being  
Dr. Bonnie Smith Whitehouse is a writer, professor, leader, and seeker. In this talk, she explores how contemplation, embodiment, and wonder illuminate her evolving career and calling.

**Nov 3**

**L. Greg Jones (Inauguration Event)**

**Nov 5**

**Susan Jones (Inauguration Event)**

**Locations Subject to Change--Confirm in BruinLink for all Programs.**

**Additional Content Available in the WELL-Core Portal in Blackboard**

**Sponsored by:**  
**Career & Professional Development, Massey College of Business Career Development**  
**Center and Alumni Relations**

