

# Division for Student Formation Office of Accessibility Services

### **Documentation Guidelines for ADD/ADHD**

To determine appropriate accommodations and support services, documentation must be provided by a qualified licensed professional with experience diagnosing ADD/ADHD. Documentation should be recent (within the past 3 years).

## **Required Elements of Documentation**

#### 1. Diagnostic Statement

- a. A clear statement of the diagnosis using the current DSM (Diagnostic and Statistical Manual of Mental Disorders) criteria
- b. A description of past and present symptoms that meet DSM diagnostic criteria
- 2. **A Summary of procedures and instruments** used to establish the diagnosis, which may include:
  - a. Diagnostic interview
  - b. Aptitude testing
  - c. Achievement testing
  - d. Information processing measures
  - e. Behavior rating scales
- 3. An interpretive summary of comprehensive evaluation results, including standardized scores

# 4. Relevant medical history

- a. Current use of medication and its impact on the student's academic functioning
- b. Use of assistive technology (e.g., smart pen, audio books, apps, etc)
- 5. A statement of current impact and limitations on the student in the academic setting
- 6. **Recommendations for specific academic accommodations** to support the student in the postsecondary academic environment. Where possible, evaluators are encouraged to include a rationale for each recommended accommodation to clarify how it is related to the diagnosed condition and observed functional limitations.

#### 7. Provider Information

- a. Documentation should be on the provider's letterhead, signed and dated
- b. Must include the name, title, and professional credentials of the evaluator

**Note:** An **IEP (Individualized Education Program) or 504 Plan** alone is **not sufficient** as the sole documentation for determining accommodations at the postsecondary level, although it may provide helpful context.

**Submit Documentation to:** Belmont University

Attn: Office of Accessibility Services

Beaman Student Life Center Mail Stop: 22100 Student Life Nashville, TN 37212-3757

Email: accessibility.services@belmont.edu

Fax: 615-460-6497