



Clinical Pastoral Therapy Track

60hr Plan of Study

Fall Year One

MHC 5011 - Foundations of Clinical Practice

MHC 5020 – Theories of Counseling and Psychotherapy

MHC 5013 - Christian Perspectives on Human Suffering

MHC 5530 – History of the Cure of Souls Tradition

Spring Year One

MHC 5015 - Spirituality & Theories of Human Development

MHC 5017 - Christian Ethics in the Clinical Encounter

MHC 5019 – Techniques of Counseling and Psychotherapy

MHC 5540 – Pastoral Theological Method

Summer Year One

MHC 5014 – Diagnosis & Treatment of Mental Disorders

MHC 6010 - Practicum in Mental Health Counseling

*Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks.

Fall Year Two

MHC 5560 – Biblical Hermeneutics & Pastoral Care

MHC 6110 - Internship in Mental Health Counseling I

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

Either MHC 5020 – Theories of Counseling & Psychotherapy **OR** MHC 5410 – Family Systems Theory **OR**
MHC 5550 – Psychodynamic Psychotherapy

Either MHC 5210 – Group Dynamics & Therapy **OR** MHC 5520 – Diagnosis & Treatment of Personality Disorders **OR** MHC 5150 – Marital & Couples Therapy

Spring Year Two

MHC 5016 – Diversity & Social Justice in the Clinical Encounter

MHC 5570 – Human Transformation & Change in the Bible

MHC 6210 - Internship in Mental Health Counseling II

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

Either MHC 5130 – Family Therapy: Skills & Practice **OR** MHC 5510 – Clinical Hermeneutics and the Healing Dialogue in Psychotherapy **OR** MHC 5170 – Vocational Discernment & Counseling **OR** MHC 5120 – Diagnosis & Treatment of Addictions

Summer Year Two

MHC 5018 - Theories & Methods of Psychotherapy Research

MHC 5160 - Psychological & Theological Perspectives on Human Sexuality

Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University.

Faculty Advisor: _____

Signature: _____

Date: _____

Student Name: _____

Signature: _____

Date: _____