

HOW DO I EARN CONVO AS AN ADULT STUDENT?

A Few Ideas on How to Complete Convocation Requirements

Special Points to Remember:

- You can earn one credit for every event you attend that lasts from 1-4 hours in length.
- You can earn two credits for programs that are 5-8 hours in length.

For example:

2 hour play = one credit

4 hour scripture class = one credit

6 hour workshop = 2 credits

- Please note, however, that Community Service offers an hour for hour match.

Have an hour between classes on campus?

Tour the Belmont Mansion, visit the Leu Art Gallery, or listen to a recital in the School of Music for opportunities to earn Culture & Arts Convocation credit with the portfolio method.

P.S. It's Free!



ACADEMIC LECTURE CREDITS:

The Academic Lecture area means : **A program with a primary focus on the presentation of academic or intellectual information.**

There are several options for you to earn academic lecture credit in-person and online.

Here are a few examples of what you may do:

Attend an evening library workshop

Participate in an online class lecture at:
www.princeton.edu/WebMedia/lectures

Learn about a Animal Behavior or Computer Graphics at: <http://lecturefox.com>

Listen to a professor while working out:
<http://www.apple.com/education/itunesu/students.html>

Attend the Humanities Symposium

Attend the BURS presentations

Visit a classroom in another country at:
<http://www.ocwconsortium.org>

Learn outside of the classroom from Anneberg Media offerings:
<http://www.learner.org/resources/browse.html>

Take an Ivy League course for free at
<http://open.yale.edu/courses/index.html>

Attend a non-fiction author's lecture at your local public library.

*****If you attend a conference at work, some speakers may count towards this particular credit area.*****

CULTURE & ARTS CREDITS:

Culture & Arts: A program with a primary focus on cross-cultural experiences or the visual and performing arts.

You can earn culture and arts credits in many ways:

Visit an exhibit at the Frist Center for Visual Arts
www.fristcenter.org

Experience a performance at the Troutt Theater

Listen to an Orchestra
www.nashvillesymphony.org

Explore Cheekwood Art Gallery
www.cheekwood.org

Find a new musical genre Country Music Hall of Fame
www.countrymusichalloffame.com

Take a step back in time at the Belle Meade Plantation
www.bellemeadeplantation.com

Stroll through Presidential history at The Hermitage
www.thehermitage.com

Learn about Theatre Arts at:
<http://ocw.usu.edu/courselist>

Explore a new language:
http://www.oculture.com/2006/10/foreign_language.html

Have you recently traveled? Write about your experience in a new "culture".

**QUESTIONS? CONTACT:
UNIVERSITY COLLEGE**

Fidelity Hall 204
1900 Belmont Blvd.
Nashville, TN 37212-3757

Phone: 615-460-5401
Fax: 615-460-6150
E-mail: uc@mail.belmont.edu

Current Convocation events, forms, and locations may be found through your BIC account calendar.

If you attend an on-campus convocation event, remember to have your student ID card scanned.

Make It Count!

There are 3 ways you can submit your Convocation Portfolio Form and Reflection Paper:

Deliver it in person to the University College Office
in Fidelity Hall 204.

Fax it to University College at:
615-460-6150

Mail it to University College at:
Belmont University
University College
1900 Belmont Blvd.
Nashville, TN 37212-3757

For Community Service Convocation: submit the Community Service Form to the Office of the Dean of Students in the Beaman Student Life Center located in the Beaman St. Life Center - Concourse Level.

Finish What You Started.

MORE CONVOCATION IDEAS:

For Personal & Professional Growth Convo Credit:

- Training at work? Tell us about it.
- Try a Red Cross CPR course or a self-defense course. You can even learn online <http://depts.washington.edu/learnopr/>
- Learn a new language one course at a time.
- Explore a new exercise program
- Studying for a certification? Write about it
- Attend a book reading at a local bookstore
- Discover nature around you through <http://www.pbs.org/wgbh/nova/programs/index.html>
- Learn about America's Heritage at: <http://www.learner.org/resources/browse.html>

For Christian Faith Development Convo Credit:

- Attend a guest speaker event at your church
- Go to a Christian concert
- Visit a new church
- Participate in an online faith development lecture
www.princeton.edu/~csrelig/webcasts/index.html
or
<http://www.gordonconwell.edu/ockenga/dimensions/>
- Find out more events for this category at the community calendar on *The Fish*
<http://www.94fmthefish.net/commcalendar.asp>

For Community Service Convo:

- Participate in a Habitat for Humanity house
- Help serve food to the homeless
- Coach kid's activities
- Volunteer at school activities
- Donate blood at the Red Cross
- Help clean up the environment
- Volunteer at a nursing home
- Teach children to read
- Help the MNPS through Homework Hotline
<http://www.mnps.org/Page8292.aspx>
- Find more activities at www.volunteermatch.org