



enPSYCHlopedia

A Standard Deviation Above the Mean

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Student Editor: Sarah Lashley

The Changing Face of School Counseling **April Ring, B.S. in Psychology, May 2004**

If you were to ask adults today about their experiences with school counselors, it would not be uncommon for them to answer, "What school counselor?" Though the field of school counseling is not new, the role of the school counselor has changed dramatically in the past few years. With events such as Columbine and September 11th, people are beginning to realize the need for the presence of professional counselors in the school system. The traditional guidance counselor has been characterized by inconsistency and as someone who provides services only to those students in crisis. Thankfully, in 2003, the American School Counselor Association (ASCA) developed a National Model for school counseling to help build consistency and accountability in the field. School counselors are now professionals who provide meaningful services that are responsive to the needs of *all* students. These services include individual counseling, group counseling, classroom guidance, and parent/teacher collaboration among others. In addition, school counselors promote and assist in the

academic, career, and personal/social development of each student.



April at Psychology Graduation Reception

One of the questions I am frequently asked is, "What is the difference between a school psychologist and a school counselor?" The short answer is that the school psychologist does testing and evaluation, while the school counselor provides more direct services to the students. School psychologists are needed for the evaluation and consultation with students who have some of the more severe disabilities and disturbances. School counselors, on the other hand, act as advocates for students in a variety of areas- ensuring that

each child reaches his/her full potential. School counselors are employed in elementary, middle, and high schools- though their role in each environment differs according to each developmental level. ASCA describes the school counselor's work as being "differentiated by attention to age-specific developmental stages of growth and related interests, tasks, and challenges."

My journey toward this profession began while I was an undergraduate student at Belmont. I had the opportunity to do my practicum with a school psychologist at a local middle school and learned a great deal about being a mental health professional in the school system. I am currently a graduate student at Marymount University in

their school counseling program, which is certified by the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and will allow me to have K-12 certification. My graduate school training has covered a wide variety of areas ranging from the development of counseling skills to theories and research to multi-cultural awareness. This semester I am doing my practicum at an elementary school where I help conduct individual and group counseling, perform classroom guidance lessons, and observe my supervising counselor in all facets of the profession. I will start my year-long internship this fall at a local middle school. In addition, I am also working toward my LPC (Licensed Professional Counselor).

December 2005 Graduates:

Erin James

Brad Walker

Tyne Whitten

Dean's List --

The following psychology majors and minors were on the Dean's List for Fall 2005.

Michelle All
 Stacy Anderson
 Melinda Baker
 Geoffrey Ballard
 Cara Bingham*
 Heather Buresh
 Margaret "Maggie" Cornwall
 Megan Dockery
 Julie Dorian
 Tiffany Evans

Jared Ezell
 James "Gunner" Goodlad
 Emily Kane
 Ashley Kennedy
 Chegameh "Chey" Korvandi-Geledar
 Sarah Lashley
 Eileen Marks
 Lacey Martin
 Elizabeth "Zea" Miller

Elizabeth "Layne" Murphy
 Dan Oliver*
 Brett Peterson
 Beverly Purvis
 Clayton Rothwell
 Molly Smith
 Irena Tepavcevic
 Shandus Valentine
 Brad Walker
 Kelly Witherbee

*President's List – 4.0 GPA

Psychology Club/Psi Chi Events in Spring 2006 –

by Sarah Lashley, Secretary, Psychology Club

- 1/18 – Helped to Sponsor the MLK Speaker
- 2/3 – Convocation on Cognitive/Behavioral Therapy
- 2/14 – Valentine' Day Bake Sale

- 2/21 – Social Movie Night “Taxi Driver” and t-shirt day
- 2/22 – Psi Chi Induction
- 2/24 – Convocation on APA Writing Style
- 3/16-18 – Eastern Psychological Association Conference in Baltimore
- 3/31 – Convocation on Bipolar Disorder
- 3/31 – Community Service “Mexican Fiesta” at YES
- 4/1 – Literacy Day
- 4/5 – Movie Night – movie TBA
- 4/8 – Car wash Fundraiser
- 4/17 & 20 – BURP
- 4/26 – BURS

-Greetings from Cape Town, South Africa- By Ashley Lovell ('02)

I have been in South Africa for 2 weeks now, and almost immediately I felt at home. The land itself is stunning, with colors I've never seen before budding into beautiful flowers covering the mountain sides. And then, across the street lie seemingly endless waters of turquoise and blue and green, the Atlantic to one side and the Indian Ocean on the other.



The people of Africa are just as beautiful and diverse, something I loved about South Africa long before I ever experienced it first-hand. Two people whom I have taken a particular liking to are John and Trish Roberts, two of my coworkers at the Fish Hook Drug Crisis Center. John has been sober 22 years, and has an amazing story of recovery. He is absolutely brilliant with the addicts who come into our facility. He sees through their games and challenges them to honesty and change. He speaks from experience. He

Our Alumni -

Katherine A. Degenhardt ('83) is founder and president of Degenhardt Educationals, a biblically-based, Christ-centered counseling ministry. She also manages the website www.seedpublishers.com. She writes that she is blessed to counsel, write, teach and is a regular guest on CTN's Bridges Christian Talk Show.

Ashley Lovell ('02) is living in Cape Town, South Africa working for Living Hope Community Centre. She writes that they have recently been named by the White House as the leading faith-

and his new wife of 4 months (they are both in their 50's) have taken me in and fed me and loved on me and even said that I am already one of their growing family. I really love them and am SO thankful for their friendship.



Above you can see my 2 great roommates also (I'm on the bottom right). Melissa Kirkwood is a 26 year old from DC who is here writing the policies for Living Hope's hospice and trying to make AIDS a notifiable disease. Pat Ball is a retired school teacher/EMS volunteer/choir leader. She is here doing lots of things, and the list keeps growing for all of us!

based organization fighting the AIDS crisis in South Africa. Through their work in Cape Town, they provide hospice care, a homeless shelter facility, home-based nurses who visit patients., organic gardening and other life skills training, and drug/alcohol counseling. Ashley is working as a drug and alcohol counselor and grief counselor for teenagers in the community and also doing grief counseling with children whose mothers are dying of AIDS. (see article in this newsletter

Heena Patel ('03) is in her second year of an MBA program at Georgia State university.

Susan A. VanDyke ('95) is working for Howell & Fisher, PLLC as a lawyer. She is expecting a baby in April.

Ann Barry Wright ('65) retired in Fall of 2005 after working as the District Librarian for Millbrook, NY. She continues working as a district liaison. She has 6 grandchildren. Her mother Helen Barry, who taught Psychology at Belmont, now resides at the Franke Home at Seaside in Mount Pleasant, SC. 29464.

Science Undergraduate Research Symposium (SURS)

The Second Annual SURS was held on Thursday, December 1, 2005. The keynote address was **"Attention Deficits, Hyperactivity, and Impulsive Behavior: The First Complete Mouse Model of ADHD"**, by Dr. Michael McDonald, Vanderbilt Pharmacology Department

Presentations by the Psychology Department included:

Posters:

"Psychometric Evaluation of a New Narcissism Scale"

Laura Bear, Sarah Miles, and Natalie Anderson
Faculty Advisor: Peter J. Giordano, Ph.D

"The Effects of Positive and Negative Mood Induction on Creativity"

Tyne Whitten and Laura Guthrey
Faculty Advisor: Lonnie R. Yandell, Ph.D.

Papers:

"Autonomic Nervous System Response to Images from the Mass Media"

Zea Miller, Amanda Simpson, Natalie Durr
Faculty Advisor: Lonnie R. Yandell, Ph.D.

"Culture and Chivalry: Regions of the U.S. and Chivalrous Actions"

Sarah Lashley

Faculty Advisor: Michael P. Sullivan, Ph.D

"The Effect of Different Distractions on Test Taking Performance"

James K. Goodlad III (Gunner)

Faculty Advisor: Michael P. Sullivan

"The Effect of Everyday Stress on Eating"

Chegameh Korvandi-Geledar (Chey)

Faculty Advisor: Michael P. Sullivan

"The Impact of Music Videos on Attitudes toward Women"

Irena Tepavcevic

Faculty Advisor: Michael P. Sullivan

"Seeing Is Believing: The Power of the News"

Erica J. McFarland

Faculty Advisor: Michael P. Sullivan

Students Planning to Attend EPA

The Psychology Department will be attending The Eastern Psychological Association Meeting in Baltimore, MD March 23-25. This is the second time in recent years that the students will be presenting their research at a conference outside of the Southeastern Region.

Students who will be attending this conference include: Laura Bear, Sarah Lashley, Eileen Marks, Sarah Miles, Zea Miller, Layne Murphy, and Kelly Witherbee.

Presentations include:

Paper:

Auditory Interference on Free Recall of Visual stimuli

Laura Bear and Michael P. Sullivan

Posters:

Ethical Considerations for Undergraduate Research Presentations

Lonnie R. Yandell and Elise A. Tyler

Validation of Two Narcissism Scales

Laura Bear, Sarah Miles, Elise Tyler, Wil Hansen, Radha Dunham, Peter J. Giordano, and William N. Bailey

Validation of a New Narcissism Scale

Laura Bear, Sarah Miles, Natalie Anderson, and Peter J. Giordano

Views of Chivalry Across Regions of the United States

Sarah Lashley, Michael P. Sullivan, and William N. Bailey

Religiosity and Political Orientations as Predictors of Attitudes of Sexuality

Eileen Marks, Elizabeth Murphy, Jessie Angel, & Linda D. Jones

A Look at Psychological Independence and College Choice

Kelly Witherbee & Michael P. Sullivan

The Effects of Religiosity on the Perception of Nudity in Art

Zea Miller & Michael P. Sullivan

Psi Chi Induction -

The Spring, 2006 induction for new members of Psi Chi was held on Wednesday, February 22 in the home of Dr. Giordano.



Students inducted were:

Stacy Anderson
Cara Bingham
Heather Buresh
Margaret (Maggie) Cornwall
Meghan Dockery
James (Gunner) Goodlad III
Emily Kane
Ashley Kennedy
Sarah Lashley
Eileen Marks
Elizabeth (Layne) Murphy
Kurt Niesner
Clayton Rothwell
Molly Smith
Irena Tepavcevic
Shandus Valentine
Kelly Witherbee

A View from the Chair:

Pete Giordano, Ph.D., Professor and Chair of Psychology

“What can I do with a degree in psychology?” This is a question I am frequently asked by prospective students and parents, or by students at Belmont who are considering changing their major to psychology. What is my answer? I usually say something like, “You can do just about ANYTHING with a psychology major.”

It is true that many of our students go into psychology related professions or to graduate programs in psychology related fields. So it is not a surprise that our students go on to get graduate degrees in psychology, social work, counseling, divinity school, and other similar fields. For instance, see April Ring’s wonderful front page article about the profession of school counseling and her personal aspirations in this area.

But consider this fact. Right now some of our alumni are in graduate or professional programs training them to be lawyers (Kelly Voss is at the University of Virginia), nurse practitioners (Rose Brummett and Jennifer Behnke are enrolled in Vanderbilt’s program), physical therapists (Sarah DeNeal is a doctoral student in Belmont’s program), and business persons (Heena Patel is in the MBA program at Georgia State). That is an impressively diverse array of careers!

I love to hear about the varied career paths of our majors and I encourage you, if you are an alumni reader, to contact us and fill us in on what is happening both in your personal and professional lives. Your updates confirm for us that with a psychology major you really can do just about ANYTHING.

Let Us Hear From You!

If you are an alum reader, please take a moment to fill out the form below and drop us a line. Just mail to the address on the back of the newsletter, or contact us by e-mail at godwinm@mail.belmont.edu. We would love to hear from you and to include your update in the next edition of *enPSYCHlopedia*. If you are ever in the Nashville area, please stop by our office to meet the new faculty and see the exciting things going on here in the Psychology Department. Check out our web pages at <http://www.belmont.edu/psychology>.

<i>Alumni Update</i>	Date _____
Name _____	Graduation Year _____
Address _____	
City _____	State _____ ZIP _____ Phone _____
Spouse's name _____	Belmont grad? _____ Year _____
Employment _____	Title _____
Recent promotion, honor, award, etc.? _____	
What else is going on with you (that you'd like to share): _____	

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