



enPSYCHlopedia

A Standard Deviation Above the Mean

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Editor: Mary W. Godwin, M.A.

Psychology Major Joins the Washington Center Internship Program **Heena Patel, B.S. in Psychology, May 2003**

Before college graduation, I believe students must study abroad or enter in an internship away from their “normal environment” and experience a slice of the real world. My friend suggested that I utilize my connections at Belmont and apply for an internship with The Washington Center Internship Program. After receiving my acceptance letter into the program, I packed up and moved out to our nation’s capital. I have never lived outside my home, so this was definitely going to be a life changing encounter for me. Immediately upon my arrival, I could sense the positive energy in the air, and I was ready to seek out new opportunities.

The Washington Center assigns students into a Program in which they have an interest. I chose to be involved with the Diversity Leadership Program. Being from a diverse background (both my parents are originally from India), I felt that I could learn and benefit a great deal from this program. Along with the weekly program meetings, all the interns meet for an education seminar.

I began working for the D.C. Office of Personnel, under the department of the Center for Workforce Development. In this department, we provide training programs for current government employees to enhance their skills (e.g., computer, management, administrative, etc). My main role was to assist with the administration of two programs - the Certified Public Manager (CPM) Program and the Capital City Fellow (CCF) Program. CPM is an intensive thirteen-month executive training program conducted by George Washington University for senior District government managers and supervisors. The CCF Program recruits recent graduates of master’s degree programs in public administration, public policy, urban planning, and related fields, to work for the government of the District of Columbia. My job duties included recruiting, selecting, and evaluating for the two programs. I also helped design and implement evaluation instruments, databases, and recruitment tools. I participated in the actual interviewing process and assisted with the selection of new candidates for both programs. Also, along with the other staff, I aided in general office and administrative functions when necessary. I was given the opportunity to be involved in meetings with the Deputy Mayors of the District and also agency directors. This allowed me to observe the key players in this government and see how they approach different situations. I acquired ‘know-how’ and professionalism through all these experiences.

My original career goal was to go into the field of Human Resources or Industrial/Organizational Psychology. However, after attending a criminal law class in Washington, I have changed my life dreams. I realized how deeply I wanted to attend law school and that I still have a chance to pursue this desire. My professor encouraged me to follow my aspiration and has helped me plan out my exact steps in order to reach my aim. I have learned much about the field of law and I hope to use my knowledge, through law school, to help me in my future career plans.

I have met numerous people in this city that can guide me to develop my skills and find new opportunities. I have met human resource executives and advisors from many of the government agencies and I plan to keep in contact with them for future references. My initiative has allowed me to meet these important people and learn about their daily routines and the obstacles they went through to get to where they are today. I realize that there is a lot of hard work put into obtaining a successful career and having an enjoyable job. I have met and talked about my career goals with “important people” and kept business cards so that I have the ability to use them as a vital contact in the future

Along with these goals, I have also set personal goals that I had hoped to meet. Since this is my first real experience away from home, I aspired to meet new people and form strong relationships. During this semester, I have come in contact with many students that are in similar situations as myself and I have connected with them and built lifelong friendships. My fellow interns and I share a common desire to try innovative things and broaden our horizons. I truly feel as though they are the ones who have helped me with all the obstacles I have faced in this city and I will always be grateful to these dear friends.

In my last semester at Belmont, I felt a desire to give back to the community and offer my services to those who were in need. I continued this objective in Washington, D.C. by getting involved with a service initiative known as “Greater DC Cares”. I volunteered mainly with children who resided in homeless shelters. These children need a friend to share games with, to care for them and to serve as a role model for their future endeavors. I strived to meet these needs for these young children by volunteering my time to visit with them at the *Carpenter’s Shelter* (a homeless shelter for men, women, and children) and be a good “friend” and role model. This was an

important portion of my learning experience during this internship because it deals with “real world” situations. I applied all my knowledge I have received and put my efforts toward an important cause. I think this is a great example of my accomplishments during this experience and I am truly blessed that I was able to offer my assistance. It has definitely added to my thirst for helping others and “giving back to the community”.

In conclusion, this entire experience has enhanced my professional, personal, academic, and social components of who I am today. I worked hard for fifteen weeks to fulfill all the requirements of the program and enjoyed this experience at the same time. When I leave Washington D.C., I will be departing from more than just our

nation’s capital. I will be leaving a city full of opportunity, a job experience that has taught me the essentials in the human resource and law fields, the first experience that helped me grow as an independent individual, and my new friends that I deeply connected with and who have helped me grow along with this amazing opportunity. For all these reasons, this internship was more than just a resume builder; this was a period in my life where I matured and developed the multidimensional goals that I wanted to reach in my life.

Editor’s note: If you would like more information about the Washington Center Internship Program, contact Dr. Vaughn May at 460-6151 in the Political Science Department.

STUDENT RESEARCH

This past spring the following students participated in the Belmont Undergraduate Research Symposium (BURS)

- Amy Irwin (Michael Sullivan) – “Jeepers Creepers Where’d You Get Those Peepers: Pupil Size and Physical Attraction”
- Sarah Osborne, Rebekah Harison, Rob Bearden, Catherine Ryon, Kate Ranganath (Michael Sullivan) – “An Examination of Group Dynamics in the State Legislature”
- Emily Sheffer (Michael Sullivan) – “Effects of Having a Major Field of Study on Death Anxiety”
- Jessica Bailey (Michael Sullivan) – “Single Issues and Their Impact on Political Party Affiliations: How Well Do We Know Our Claimed Beliefs?”
- Amy Van Hooydonk (Michael Sullivan) – “Effect of Verbal Skills on Comprehension: Reading Versus Television”
- Jami Hester (Michael Sullivan) “ – “Color’s Influence on Taste Expectancy and Food Preference”
- Mary Margaret Phillips (Lonnie Yandell) – “Effects of Auditory Sensory Involvement in Picture Recognition”
- Nathan Kosiba (Lonnie Yandell) – “Superstitious Beliefs Under Competitive and Non-competitive Situations”

- Jessica Bailey, Isaac Harper, Logan Denson Raines (Lonnie Yandell) – “Spatial Test Abilities: The Relationship Between Location and Orientation”
- Jessie Angel (Lonnie Yandell) – “Teacher Efficacy and Implicit Associations of Gender Bias”
- Kari Basden, Jami Hester, Amy J. Van Hooydonk (Lonnie Yandell) – “The Influence of Color on Flavor Perception”
- Kristen Moore, Angela Strahan, Anna Clare Turner (Lonnie Yandell) – “The Effect of Music Tempo on Flavor Perception of a Sucrose Solution”
- Kari Basden, April Ring Smantha Spohn (Lonnie Yandell) – “History of the Department of Psychology: Curriculum and Facilities”
- Cindy George, Kristen Moore, Nichole Samuels (Lonnie Yandell) – “History of the Belmont University Psychology Department: Faculty”



Nathan Kosiba at BURS



Psychology Students at BURS

- Logan Denson Raines, Erin Reed, Anna Clare Turner (Lonnie Yandell) – “A Departmental History: Student Research and Activities”
- Logan Denson Raines (Lonnie Yandell) – “College Students’ Resistance to Report Deviant Behavior: Face to Face Interactions versus Anonymous Surveys”

- Ashley Robinson (Lonnie Yandell) – “The Relationship Between Personal Tempo Preference and Resting Heart Rate”
- Rob Bearden, Sarah Hickson, Ashley Robinson (Lonnie Yandell) – “The Effect of Color Intensity on Perceived Odor Intensity”
- Marilyn McAllister (Lonnie Yandell) – “The Relationship Between Learning Orientation Versus Grade Orientation and Self-Perceived Creativity”
- Isaac Harper (Lonnie Yandell) – “Positive and Negative Flashbulb Memories: An Affective Rating of Visual Stimuli”
- Radha Dunham (Lonnie Yandell) – “A Measure of Drawing Self-Efficacy: A Psychometric Evaluation”
- Radha Dunham (Lonnie Yandell) – “The Relationship Between Structure, Perceived Creativity, and Drawing Self-Efficacy”
- Natalie Simpson (Lonnie Yandell) – “The Relationship Between Self-Esteem and Clothing Selection”
- Radha Dunham (Lonnie Yandell) – “The Relationship Between Childhood Imaginary Companions and Comfort in Social Situations in Adulthood”



Isaac Harper, Radha Dunham, & Erin Reed at SEPA

The following students presented their research at SEPA in New Orleans in March:

Radha Dunham, Isaac Harper, and Erin Reed.

The following students presented their research at the Middle Tennessee Psychological Association meeting in May:

Rob Bearden, Radha Dunham, Isaac Harper, Rebekah Harrison, Sarah Osborne, Catherine Ryon and Kate Ranganath.

The following students presented their research at APS in Atlanta in May: Rob Bearden, Rebekah Harrison, Sarah Osborne, Catherine Ryon, Kate Ranganath, and Erin Reed.

Did you know our psychology graduates have attended graduate programs at the following schools?

Appalachian State University
 Arkansas State University
 Belmont University
 California State University
 Columbia University
 Erkskine Theological Seminary
 Francis Marion University
 Fuller Theological Seminary
 Harvard University
 John Jay College of Criminal Justice
 Loyola University – Chicago
 Middle Tennessee State University
 Murray State University
 North Carolina State University
 Pacific Western University
 Radford University
 Southern Illinois University at Carbondale
 Southern Mississippi University
 Southern Theological Seminary
 Southwestern Baptist Seminary
 Tennessee State University
 Texas A&M

Texas Christian University
 Trevecca University
 Trinity International University
 University of Alabama
 University of Georgia
 University of Kentucky
 University of Louisville
 University of Memphis
 University of Mississippi
 University of Montevallo
 University of New Orleans
 University of North Texas
 University of Tennessee-Knoxville
 University of Tennessee School of Social Work
 University of Texas-Austin
 University of Virginia
 University of Wisconsin-Milwaukee
 Vanderbilt University
 Washington University
 Western Kentucky University
 The Wright Institute

(Alumni: If your school isn't listed, please let us know.)

May 2003 Graduates:

Kari Basden
Bethany Flowers
Amy Irwin
Heena Patel
Kate Ranganath

Erin Reed
Samantha Spohn
August 2003 Graduates:
Jami Hester
Logan Denson Raines

Psi Chi Induction

Fall induction for Psi Chi is scheduled for October 21 in the New Beaman Student Life Center.

Inductees are:

Psychology Club Officers for 2003-04:

President: Isaac Harper
Vice-President: Radha Dunham
Secretary: Rob Bearden

Treasurer: Natalie Simpson
Historians: Jessie Angel
Mary Margaret Phillips

Reporter: Sarah Hickson
SGA Rep: Sarah Osborne

Ellen Norvell
Elise Tyler

Psychology Club Events in Fall 2003

- September 31 – Meet the Faculty – WHB 309 – 10 AM
- September 19 – Psychometrics (PG) – WHB 309 – 10 AM
- October 3 – APA Style (AL) – WHB 309 – 10 AM
- October 21 – Psi Chi Inductions – BSLC-A – 4:30 PM
- October 24 – The Practicum Experience (PG) – WHB 309 – 10 AM
- November 7 – Perceptual Illusions and the Mind (AL) – WHB 309 – 10 AM
- November 20 – PURP – TBA – 2:00 PM
- November 21 -- Choosing a Graduate School (AL) – WHB 309 – 10 AM
- November 24 – PURP – TBA – 2:00 PM
- December 3 – PURS – 8:30 AM – Massey Board Room
- December 4 – CAS Guest Lecture – Dr. Jesse Purdy – Vince Gill Room, Curb Event Center – 3:30 PM
- December 5 – Post PURS Party – WHB 309 – 10 AM
- December 8 – National Cotton Candy Day – BSLC-A – 9:00 AM – 1:00 PM

Our Alumni –

Kari Basden ('03) is working at Grayson & Associates in Birmingham. She is also attending graduate school at the University of Montevallo.

Jennifer Behnke ('99) has begun a new research position at Peabody College of Vanderbilt with Georgene Troseth, who studies how children use symbols, mainly television and pictures. Jennifer writes, 'It's pretty interesting and always a challenge working with 2 year olds!' Also, Jennifer has released a new CD self-titled "Jennifer Caine" which can be ordered online at cdbaby.com and jennifercaine.com. It should also be available at Tower Records.

Danisha Jefferson Robbins ('90) returned to Florida this summer following a tour of duty in Kuwait and Iraq. 'Nisha is a Lieutenant with the United States Navy and a Clinical Psychologist. She was deployed as a member of a Combat Stress Platoon.

Jenn Jones ('02) is employed in campaign finance in Washington, D.C. She writes, "I love it! ... the work is so interesting to me...DC is such a wonderful place to live." She hopes to go back to school for a Law Degree in a few years.

Natasha Lindley Varnick ('99) and her husband Jason are the proud parents of Emily Catherine Varnick who was born September 14th. Congratulations Natasha and Jason!

Elizabeth Roby ('99) has recently accepted a position as a Legislative Assistant working with Education and Health Care issues with Congresswoman Marilyn Musgrave's (R-Colorado) office. This past summer Liz worked for Mrs. Dick Cheney at the American Enterprise Institute

Bill ('92, DPT 2000) & Risa ('92 EDU) Robinson, have a son, William Foster Robinson III who is now almost one year old.

Larry D. Roy ('68) was married in November of 2002 to Zou Lin Ping in Chongging, China. Lin Ping has worked at Chongging Jiaotong University for 20 years where her late father was a professor of physics. She is from Leshan, China, where her mother is retired from the Leshan Police Department. Larry is employed by Medco Health Solutions.

Susan Scott VanDyke ('99) has completed her law degree from the University of Alabama. She is practicing law at Howell & Fisher in downtown Nashville.

Brittany Shupe ('02) is working as a family and child/adolescent case manager with the Mental Health Cooperative in Sumner and Wilson counties.

Jennifer Weiss ('92) was awarded her Ph.D. in Clinical Psychology in August, 2002. She is currently a Postdoctoral Fellow with the Hennepin County Medical Center in Minnesota.

It is with sad hearts that we report that **Ann Loree ('94)** passed away on July 28, 2003. We will all greatly miss Ann

and will remember the many contributions she made to the Psychology Department through her leadership in Psi Chi and the Psychology club, her excellence in the classroom, and her smiling face and hearty laugh.

Please return the form in this newsletter if you have any alumni news to share

Dean's List – Psychology Majors/Minors – Spring, 2003

Kari Basden
Sarah DeNeal
Radha Dunham
Bethany Flowers
Laura Forster
Isaac Harper
Rebekah Harrison
Jessica Hughes
Kate Kelsey

Marilyn McAllister
Ellen Norvell
Sarah Osborne
Heena Patel
Mary Margaret Phillips
Kate Ranganath
Erin Reed
April Ring
Erin Samuels

Reedy Sankrant
Emily Sheffer
Celia Stacey
Trisha Stephens
Nicole Todd
Elise Tyler
Amy Van Hooydonk
Brad Walker
Joshua Wolak

Just a note of information for current students: Course numbers will change beginning with Spring Semester 2004. The course numbers will now contain 4 digits rather than 3 (i.e. General Psychology, PSY 110 will become PSY 1100)

How a Practicum Experience Can Help You

By: Linda D. Jones, Ph.D., Asst. Prof. of Psychology

The practicum course (PSY 3900/4900) at Belmont University is an experiential learning opportunity for a student to gain hands-on experience in an applied field setting. It was designed to provide the junior or senior psychology major or minor an outlet for applying their classroom and academic knowledge to related "real-life" settings. Practicum students are required to complete 100 literal clock hours during their placement.

The prerequisites for the course are PSY 2400 and either PSY 3210, 3240 or 3410. In addition, students must have completed at least 64 semester hours, with 15 hours completed in residence at Belmont. Additionally, registration for this course is "by permission of instructor only", and applications are reviewed by departmental faculty. Applications will be available in the Psychology office beginning October 1. These must be returned by October 15 to be considered for spring semester placement.

Previous placement sites have included Gilda's Club, Dismass House, Center for Living and Learning, Youth Villages, Oasis, Father Ryan High School, and practitioners in private practice to name a few.

Practicum provides students:

- An opportunity for direct hands-on psychology field experience
- A means to gain on-the-job training experiences
- Assistance in clarifying and evaluating career goals and aspirations
- A chance to work with professionals who can mentor your professional growth and offer guidance, direction, and support
- A way to develop reflection and self-assessment skills through supervision, reading, and journal writing
- Possible references for future career or educational advancement.

Let Us Hear From You!

If you are an alum reader, please take a moment to fill out the form below and drop us a line. Just mail to the address on the back of the newsletter, or contact us by e-mail at godwinm@mail.belmont.edu. We would love to hear from you and to include your update in the next edition of *enPSYCHlopedia*. If you are ever in the Nashville area, please stop by our office to meet the new faculty and see the exciting things going on here in the Psychology Department. Check out our new web pages at <http://www.belmont.edu/psychology>.

<i>Alumni Update</i>	Date _____
Name _____	Graduation Year _____
Address _____	
City _____	State _____ ZIP _____ Phone _____
Spouse's name _____	Belmont grad? _____ Year _____
Employment _____	Title _____
Recent promotion, honor, award, etc.? _____	
What else is going on with you (that you'd like to share): _____	

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