**Abstract**

The purpose of this project was to revise the current edition of the "Movement is Fun" program, a sensory-based movement program for preschoolers. A review of the current literature, as well as continuing education courses regarding early childhood development and the importance of movement in the classroom, during preschool years, were completed to ensure lessons were developmentally appropriate and purposeful. Time was spent observing preschool children within their classes and during their gross motor time. After developing a base of knowledge, the current lessons were piloted with three preschool classes of approximately 10-18 students and the lessons were modified accordingly. Along with modifying the lessons, type recommended for each lesson was shared on a YouTube channel. This allows users to easily locate the recommended music to use with the program’s lessons. After observing the lessons being piloted with their preschool classroom, teachers shared feedback regarding the lessons, as well as identified some of the students that stood out as possibly requiring further evaluation.

**Goals & Outcomes**

- **Revise and implement group interventions for preschool age children based on principles of group development and group dynamics.**
- **Demonstrate knowledge and understanding of human development throughout the lifespan, particularly focusing on infancy through childhood.**
- **Use nonstandardized screening, the “Movement is Fun” program, to determine the need for focused occupational therapy intervention.**
- **Documentation of conversations with teachers regarding children who may have a need for services.**

**References**


**Acknowledgment**

The completion of this project would not have been possible without the generous contributions provided by The Close Academy and the Community Progress Council. The teachers and staff of both programs provided invaluable support and resources. Their knowledge and openness created the perfect environment for a successful project.