REVIEW OF LITERATURE

Service members (SMs) experience physical and emotional stressors while in combat. The aim of the physical and emotional stressors experienced due to combat and their manifestations within the population is related to their safety and well-being. The conflict may cause a multitude of positions within an individual's life, including personal, professional, and spiritual dimensions. This study was designed to examine the influence of REBOOT Combat Recovery on both quantitative and qualitative parameters in SMs who have experienced combat trauma. In the realm of the current study, occupational therapists (OTs) often have consistent relationships with service members; therefore, they are well-equipped to address spiritual dimensions.

In order to understand the condition of an individual's life, community engagement is the key to evaluating the impact of REBOOT Combat Recovery. Based on previous research, SMs often have consistent relationships with OTs; therefore, they are well-equipped to address spiritual dimensions. Despite the increased focus on spiritual well-being, research on REBOOT Combat Recovery is limited, which is why this study aims to examine the impact of REBOOT Combat Recovery on SMs. REBOOT Combat Recovery, a community-based program that provides support and guidance to SMs who have experienced combat trauma.

METHODS


RESULTS

Participants consisted of two couples, each couple has attended 3 times, the other 6 times.

1. They reported that they have learned more or new relationship with their attended REBOOT.

2. REBOOT Combat Recovery module 2 of 4 is indicated REBOOT helped their throughput.

3. REBOOT Combat Recovery module 2 of 4 indicated REBOOT helped make their “spiritual journey start” (Subject BRD3)

The most significant aspect of REBOOT is:

- The change that others’ view is others” view (Subject BRD3)
- The belief that others’ view is others’ view (Subject BRD3)
- The belief that others’ view is others” view (Subject BRD3)
- The belief that others’ view is others” view (Subject BRD3)

DISCUSSION

• REBOOT Combat Recovery is beneficial for service members to connect with one another to engage in a safe group setting.
- Sharing the trauma ended in a safe group, such as REBOOT Combat Recovery, may offer a relief and/or healing.
- Combat recovery programs improve for service members and their spouses.
- REBOOT Combat Recovery is necessary to address spiritual, wellbeing, social participation, and social isolation in service members and their spouses.

IMPLICATIONS FOR OCCUPATIONAL THERAPISTS

- Occupational therapists should be aware of the ability to assist service members and their spouses with community reintegration services such as spiritual participation.
- Occupational therapists should be aware of available community resources that can be offered to address trauma such as spiritual, wellbeing, social participation, and social isolation.
- One available resource that can be recommended by occupational therapists for addressing the aims of combat trauma is REBOOT Combat Recovery.

FUTURE RESEARCH

- Longitudinal research design and change in multiple cycles of REBOOT Combat Recovery.
- Inclusion questionnaire containing sperational questions prompt given to each participant for increased participation in qualitative father study.

REFERENCES


