Mission & Vision of Benton Hall Academy

Mission:
The mission of Benton Hall Academy is to provide an education that addresses students’ unique learning styles, cultivates independent thought, and promotes the building of character, enabling the students to contribute to their communities in meaningful and positive ways.

Vision:
Benton Hall Academy will continue to improve all students’ learning, improve teacher effectiveness, set high standards for teachers and staff, promote continuous staff learning and enhance staff intellectual and leadership capacity.

Needs of Benton Hall Academy

- Increased physical activity participation
- More opportunities to incorporate physical activity
- Improved classroom behaviors (focus, calm, etc.)
- Equipment for physical activity
- Storage for equipment

Goals of Experiential Component

Goals:
1) Create appropriate physical activity and movement opportunities to best meet the needs of the stakeholders at Benton Hall Academy
2) Provide more opportunities for movement and physical activity both inside and outside the classroom for the intended outcomes of improved classroom behaviors, enhanced academic performance, and promotion of increased physical activity participation
3) Identify and inform the appropriate stakeholders at Benton Hall Academy about the available funding opportunities for physical activity programming, equipment, and equipment storage

Learning Activities Completed:
✓ Perform a literature review on how physical movement impacts learning and how physical movement relates to learning differences
✓ Complete a needs assessment including:
  ✓ Meet with the administrators and faculty members to determine the specific needs related to physical movement opportunities for students with learning differences
  ✓ Identify what can be implemented to meet the needs
  ✓ Determine what needs to be improved
  ✓ Gather and document the opinion of an expert in the field of physical movement activities and/or adapted physical activity
✓ Conduct a focus group to assess the needs of the stakeholders
✓ Present the results of the focus group and plan for physical activity/movement opportunities program in a meeting with the head leadership of the school to ensure they are in agreement with the plan and focus of the program
✓ Create a physical activity and movement opportunities program
✓ Create a handout and/or manual including the importance of movement/physical activity for children with learning differences

Experiential Component Outcomes

- Physical activity and movement opportunities program
- Education on the importance and benefits of physical activity for children with learning differences
- Classroom activities (brain breaks, ideas to incorporate movement into class activities, etc.)
- Indoor and outdoor activity options
- Incentive program
- Funding opportunities for programming, equipment, and storage
- Program manual
- Impact of physical activity on youth with learning differences educational handout

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