ALLERGY SHOT INSTRUCTIONS

PRIOR TO FIRST VISIT:

- Your current Allergist will need to sign and return the “Permission to Administer Allergy Medication” form (located under “Forms” on the Belmont University Health Services website).
- Allergist may send Serum to Belmont University Health Services or student may bring Serum to clinic. Please address to:

  Belmont University Health Services
  1900 Belmont Boulevard
  Nashville, TN 37212

FIRST VISIT:

- Your first appointment must be scheduled by phone or in person. You will see a Nurse Practitioner and a nurse. Please allow at least an hour for this initial visit.
- Please bring name, and dosage, of all current medications, as well as any medicines you are allergic to.
- On approval of Nurse Practitioner, you may receive allergy injections at same visit if they are due.
- Your Allergy Serum will be stored in our refrigerator. We will use your Allergist’s shot record and comply with your Allergist’s orders concerning dosage reduction for lateness, etc.

ALLERGY INJECTIONS:

- Allergy injections can be scheduled online through your Health Portal.
- Belmont University Health Services hours are from 8:00 a.m. – 6:00 p.m. when classes are in session, and 8:00 a.m. – 4:30 p.m. during student breaks. However, allergy appointments cannot be scheduled between 12:15 p.m. – 1:30 p.m., regardless of time of year; after 4:00 p.m. when classes are in session; or after 3:00 p.m. during student breaks.
- Appointments are highly recommended as we may not be able to accommodate walk-ins.
- Please tell the nurse if you have any illness, asthma symptoms, new medications, or delayed reaction to your last shots.
- If you are to take an antihistamine on the day or night before your injections, please do so or let the nurse know if you did not take it.
- Please bring your epi pen with you if your doctor requires you to do so.
- Allow adequate time for your appointment which includes signing in, getting your injections, waiting 20-30 minutes in our waiting room, and checking out at the front desk.
- Cost is $2.00 per injection and payment is due at time of service by cash, check, credit card, or debit card. We are not able to charge your myBelmont account or take advance payments.
- Please be responsible and stay on schedule for your shots. If you are overdue for your injections, your Allergist may need to be contacted. This may result in the need for rescheduling.
• If any signs of systemic reaction occur including hives; a heavy or tight feeling in the chest; tingling; swelling in the throat, lips, or tongue; wheezing; shortness of breath; and/or a severe or sudden increase in hay fever-type symptoms, please contact Health Services, your Allergist, or seek emergency care immediately.

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