Co-curricular Learning: Knowledge from experience(s)

Belmont has developed a great number of activities, organizations and offers many experiences to help you enhance your experience while you are outside of the classroom. Many of these experiences are guided by the Student Affairs professional staff, the many student leaders on campus and many people beyond the campus that have developed programs and activities to help you achieve your goals. The vast array of opportunities in this realm must be balanced between a healthy dose of exploration and proper time management and focus on the most important aspects of your collegiate experience.

Areas where we will help you focus include:

- Residential living
- Leadership opportunities
- Student organizations and student governance
- Personal fitness
- Campus activities (attending athletic events, artistic performances and community building activities)
- Personal growth through support services (personal counseling, health services)

As you consider the area of Co-curricular issues, are there activities which you have done, plan to do, do not intend to do or have not yet decided upon?

<table>
<thead>
<tr>
<th>List activity</th>
<th>Timeframe</th>
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</thead>
<tbody>
<tr>
<td>Have done:</td>
<td></td>
</tr>
<tr>
<td>Plan to do:</td>
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<tr>
<td>Yet to decide:</td>
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</table>

Have done: ___________________________ ___________________________

Plan to do: ___________________________ ___________________________

Yet to decide: ___________________________ ___________________________