4 on 4 Volleyball
Bruin Cup Points: 1st – 500 pts. 2nd - 250 pts. 3rd - 125 pts.

STARTING THE GAME
1. For 4 on 4, a minimum of 3 players to start the game. (Co-rec) You must have at least 2 girls.
2. (Co-rec) You must have at least an equal number of women on the court as men; there can be more women than men.
3. The coin toss will determine who serves first.

SERVING
1. Server must be behind the service line.
2. Serve can be either underhand or overhand.
3. (Co-rec) Players must alternate servers (boy-girl etc).
4. You cannot block a serve. Blocking a serve will result in a point awarded to the serving team.

PLAYING THE GAME
1. No attacking the serve. You must either bump the ball or set it.
2. Any contact with the net at any time will be a violation.
3. The net line is the line beneath the net. If one foot (or equivalent: head, arm, leg etc.) totally crosses the line it is a violation.
4. No Lifting: Any hit with an open hand below the shoulder is illegal.
5. No Holding: Any set must be a continuous motion at initial contact.
6. Double net violation on both teams will result in replaying the point.
7. Any part of the body may be used to play the ball (so long as it is not a lift).
8. If the ball hits the ceiling and stays on the same side of the net, it is live. If the ball hits the ceiling and goes across the net, the ball is dead and a point is awarded to the opposing team.
9. (Co-rec) During a volley, if there is more than 1 hit on a side, a girl must be involved.
10. There is no attack line rule.

SCORING
1. All games will be played to 25 points (win by 2 points), with a 30 point cap.
2. Rally scoring will be used in all 3 sets.
3. You must win the best two out of three games.
4. If a third game is necessary the game will be played by rally scoring to 15 points (win by 2 points) with a 21 point cap.

**The Intramural Staff will intervene in any game situation when they deem it necessary**