Clinical Pastoral Therapy Track

60hr Plan of Study

Fall Year One
CTM 5011 - Foundations of Clinical Practice
CTM 5019 – Techniques of Counseling and Psychotherapy
CTM 5013 - Christian Perspectives on Human Suffering
CTM 5530 – History of the Cure of Souls Tradition

Spring Year One
CTM 5015 - Spirituality & Theories of Human Development
CTM 5017 - Christian Ethics in the Clinical Encounter
CTM 5020 – Theories of Counseling and Psychotherapy
CTM 5540 – Pastoral Theological Method

Summer Year One
CTM 5014 – Diagnosis & Treatment of Mental Disorders
CTM 6010 - Practicum in Mental Health Counseling

*Students complete supervised counseling practicum experiences that total a minimum of 100 clock hours including 40 direct hours over a minimum of 10 weeks.

Fall Year Two
CTM 5560 – Biblical Hermeneutics & Pastoral Care
CTM 6110 - Internship in Mental Health Counseling

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.

Either CTM 5020 – Theories of Counseling & Psychotherapy OR CTM 5410 – Family Systems Theory OR CTM 5550 – Psychodynamic Psychotherapy

Either CTM 5210 – Group Dynamics & Therapy OR CTM 5520 – Diagnosis & Treatment of Personality Disorders OR CTM 5150 – Marital & Couples Therapy

Spring Year Two
CTM 5016 – Diversity & Social Justice in the Clinical Encounter
CTM 5570 – Human Transformation & Change in the Bible
CTM 6210 - Internship in Mental Health Counseling II

*Students complete a minimum of 240 direct clock hours and a total of 600 clock hours over the course of two semesters.
Either CTM 5130 – Family Therapy: Skills & Practice OR CTM 5510 – Clinical Hermeneutics and the Healing Dialogue in Psychotherapy OR CTM 5170 – Vocational Discernment & Counseling OR CTM 5120 – Diagnosis & Treatment of Addictions

**Summer Year Two**

CTM 5018 - Theories & Methods of Psychotherapy Research

CTM 5160 - Psychological & Theological Perspectives on Human Sexuality

**Please note all courses are subject to change and availability. See your advisor to ensure accuracy. All courses listed above must be taken in order to receive M.A. degree for Mental Health Counseling from Belmont University.**

Faculty Advisor: ________________________________

Signature: _______________________________________

Date: ________________________________

Student Name: ________________________________

Signature: _____________________________________

Date: ________________________________